

# Asthma and Anaphylaxis in the workplace



The Asthma course equips participants with the skills to assess asthma risks, create emergency management strategies, and provide asthma-related first aid in the workplace. It covers asthma triggers, signs, symptoms, and emergency management techniques.

The Anaphylaxis course trains participants to provide first aid for anaphylaxis until medical help arrives, including identifying and responding to anaphylaxis, and developing strategies to prevent allergen exposure and minimise related risks.

This course includes the following accredited courses:

- 22556VIC Course in the Management of Asthma Risks and Emergencies in the Workplace
- 22578VIC Course in First Aid Management of Anaphylaxis

## COURSE DURATION AND DELIVERY MODES

St John offers the following options:

- **1 day face to face workshop:** This workshop runs for 6.5 hrs covering all the topics and assessment for Asthma and Anaphylaxis. There is no pre-learning for this course.
- **5 hrs face to face workshop with pre-learning:** This workshop runs for 5 hrs. Participants **MUST** complete the online-learning **BEFORE** coming to class for face to face workshop.
- **4 hrs face to face workshop with pre-learning and assessment:** This workshop runs for 4 hrs providing opportunity for participants to practice all skills needed to demonstrate requirements of the accredited course. Participants **MUST** complete the online-learning and accredited online knowledge assessment **BEFORE** coming to class to practice and complete their practical assessment tasks.

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## ENTRY REQUIREMENTS

Participants interested in enrolling in this course:

- Must provide a valid Unique Student Identifier (USI) at the time of enrolment.
- For courses with pre-learning, must have access to a reliable device (e.g., computer, laptop, or smart phone) connected to the internet is required.
- Must complete pre-learning before coming to class as topics covered in pre-learning are not covered in the classroom.
- Should have minimum, language, literacy and numeracy skills that align to Level 3 of the Australian Core Skills Framework (ACSF).

## TARGET AUDIENCE

This course is designed for individuals who may need to respond to asthma and anaphylaxis emergencies in the workplace, including:

- Early childhood educators and teachers (primary/secondary)
- Sports coaches and Outdoor recreation guides/leaders
- Industry/workplace first aiders
- Residential aged care and Disability support workers

## COURSE OUTLINE

This course covers the following topics among others:

- Asthma, Anaphylaxis, and allergy overview
- Asthma and Anaphylaxis signs, symptoms, and triggers
- Asthma and Anaphylaxis medications and devices
- Asthma and Anaphylaxis action plans and first aid management
- Asthma and Anaphylaxis risk management planning for the workplace
- Hands-on-practice in using Asthma inhalers and spacers
- Hands-on-practice adrenaline auto-injector administration



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## REFRESHER REQUIREMENTS

**Asthma:** Requirements for refresher training and currency should be obtained from the relevant state/territory Work Health and Safety Regulatory Authority and industry sector Regulatory Authorities where applicable.

**Anaphylaxis:** Refresher training is recommended every two (2) years according to the Project Steering Committee or as per the relevant State/Territory legislation and workplace requirement for Anaphylaxis. The existing course meets the needs of each of the following legislation and it is anticipated that the re-accredited course will meet these requirements:

- Ministerial Order 706 - Anaphylaxis Management in Victorian Schools
- Children's Services Regulations 2009
- Education and Care Services National Regulations 2011

## ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

## CERTIFICATE

On successful completion of this course, you will be issued a statement of attainment in:

- 22556VIC Course in the Management of Asthma Risks and Emergencies in the Workplace
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## LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC (at a venue near you)
- CUSTOMISED (on-site consultation)
- ONSITE (at a venue of your choice)
- ONLINE (training delivered online from our e-Learning platform)

## DELIVERY BY ST JOHN'S THIRD PARTIES

St John Ambulance Australia's courses are delivered by way of third-party arrangements (e.g. with State or Territory St John Ambulance organisations). Our third-party agents deliver nationally accredited training and assessment on behalf of St John Ambulance Australia Ltd. (TOID 88041). Contact details for St John's third-party organisations are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

## PARTICIPANT HANDBOOK

Download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au) for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy of information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

For more information on this course, contact the Training Office in your area 1300 ST JOHN (1300 785 646) or [www.stjohn.org.au](http://www.stjohn.org.au)



NATIONALLY RECOGNISED  
TRAINING