

# Asthma and Anaphylaxis

## COURSE INFORMATION

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The Asthma course equips participants with the skills to assess asthma risks, create emergency management strategies, and provide asthma-related first aid in the workplace. It covers asthma triggers, signs, symptoms, and emergency management techniques. The Anaphylaxis course trains participants to provide first aid for anaphylaxis until medical help arrives, including identifying and responding to anaphylaxis, and developing strategies to prevent allergen exposure and minimise related risks.

This course covers the following accredited courses:

- 22702VIC Course in the Management of Asthma Risks and Emergencies
- 22578VIC Course in First Aid Management of Anaphylaxis

## COURSE DURATION AND DELIVERY MODES

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St John offers the following options:

- **6 hours (face to face workshop):** This is a face-to-face course. Participants are required to attend full workshop.

## PRE-REQUISITE REQUIREMENT

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This course requires participants to complete the following unit/s prior to commencement of the core units:

- VU24021 is a pre-requisite unit for VU24022

## ENTRY REQUIREMENTS

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### Participants must:

- Provide a valid Unique Student Identifier (USI) at enrolment
- Provide photo ID at attendance
- Have access to a reliable device (e.g., computer, laptop, or smart phone) connected to the internet for courses with pre-learning.
- Complete all pre-learning before the workshop (if applicable)
- Have sufficient Language, Literacy, Numeracy and Digital (LLND) skills to follow course requirements, instructions, and effectively participate in assessments and practical tasks.

*If you require any additional support or reasonable adjustments, please inform St John at booking or before enrolment; for enquiries, contact your St John State/Territory office or visit [www.stjohn.org.au](http://www.stjohn.org.au), or call 1300 ST JOHN.*

## REFRESHER REQUIREMENTS

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**Asthma:** Requirements for refresher training and currency should be obtained from the relevant state/territory Work Health and Safety Regulatory Authority and industry sector Regulatory Authorities where applicable.

**Anaphylaxis:** Refresher training is recommended every two (2) years according to the Project Steering Committee or as per the relevant State/Territory legislation and workplace requirement for Anaphylaxis. The existing course meets the needs of each of the following legislation and it is anticipated that the re-accredited course will meet these requirements:

- Ministerial Order 706 - Anaphylaxis Management in Victorian Schools
- Children's Services Regulations 2009
- Education and Care Services National Regulations 2011



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State/Territory	Refresher Recommendation
<b>General</b>	<p><a href="https://training.ascia.org.au/mod/page/view.php?id=61&amp;utm_source">https://training.ascia.org.au/mod/page/view.php?id=61&amp;utm_source</a></p> <p>Question: How often should I undertake anaphylaxis training?</p> <p>Answer: The Best Practice Guidelines for anaphylaxis prevention and management state training should be undertaken at least every two years. You should check your region's guidelines/legislation to meet the training requirements.</p>
<b>Victoria</b>	<p>Face to Face training recommended every 3 years</p> <p><a href="https://www.acecqa.gov.au/qualifications-0/qualification-requirements/first-aid-qualifications-training">https://www.acecqa.gov.au/qualifications-0/qualification-requirements/first-aid-qualifications-training</a></p>
<b>NT</b>	<p>Face to Face training recommended every 2 years</p> <p><a href="https://a.storyblok.com/f/287317683687808/x/2c171badfe/best_practice_guidelines_schools_v2-1_220324.pdf">https://a.storyblok.com/f/287317683687808/x/2c171badfe/best_practice_guidelines_schools_v2-1_220324.pdf</a></p>

## WHO SHOULD ENROL

This course equips individuals to respond effectively to asthma and anaphylaxis emergencies in the workplace. It is ideal for early childhood educators and teachers, sports coaches and outdoor recreation guides/leaders, workplace first aiders, and aged care/disability support workers, providing the essential skills to ensure safety and wellbeing.

## COURSE OUTLINE

This course covers the below key highlights:

- Asthma, Anaphylaxis, and allergy overview
- Asthma and Anaphylaxis signs, symptoms, and triggers
- Asthma and Anaphylaxis medications and devices
- Asthma and Anaphylaxis action plans and first aid management
- Asthma and Anaphylaxis risk management planning for the workplace
- Hands-on-practice in using Asthma inhalers and spacers
- Hands-on-practice adrenaline auto-injector administration

## ASSESSMENT INFORMATION

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

## LOCATIONS

St John delivers courses nationally and across many locations in Australia. Choose location as per your needs

- **PUBLIC** (at a venue near you)
- **CUSTOMISED** (on-site consultation)
- **ONSITE** (at a venue of your choice)
- **BLENEDED** (online learning & face-to-face session)

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## DELIVERY BY ST JOHN'S THIRD PARTIES

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St John Ambulance Australia's courses are delivered by way of third-party arrangements (e.g. with our St John States and Territories). These St John states and territories (except WA) are authorised to deliver nationally recognised and accredited training on behalf of St John Ambulance Australia Ltd (RTO 88041). Contact details for St John's third-party organisations are available from [www.stjohn.org.au](http://www.stjohn.org.au) or call 1300 ST JOHN.

## PARTICIPANT HANDBOOK

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Download the Participant's Handbook from [www.stjohn.org.au](http://www.stjohn.org.au) for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy of information. We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

